

**Amendments to the Specification:**

Please replace the paragraph beginning at Page 18, line 13 with the following rewritten paragraph:

-- **Figure 4. a)** Plasma glucose (mmol/L) concentrations of the four dietary groups in response to a 2-hour intravenous glucose challenge (10%). Values for each diet group (n=12) are expressed as means  $\pm$  s.e. The saturated fat/amylopectin diet is (Sat/AP) significantly different from the n-3/amylopectin diet (N-3/AP) (p=0.05), while the n-3/amilase diet (N-3/AL) is significantly different from the n-3/amylopectin diet (N-3/AP) (p=0.001).  
**b)** Plasma insulin (ng/ml) concentrations of the four dietary groups in response to a 2-hour intravenous glucose challenge (10%). Values for each diet group (n=12) are expressed as means  $\pm$  s.e. The saturated fat/amilase (Sat/AL) diet is significantly different from the n-3/amilase diet (p=0.001), while the n-3/amylopectin diet is significantly different from the n-3/amilase diet (p=0.05). --

Please replace the paragraph beginning at page 21, line 4, with the following rewritten paragraph:

-- The results are shown as in Figures 1 to 3 and Table 2. --

Please replace the paragraph beginning at page 21, line 16, with the following rewritten paragraph:

-- The results are shown as in Figures 4 to 6 and Table 2. --